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اخبار اصفهان
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سرمقاله
فرزانه مستاجران

وابستگی در مواد غذایی

قیمت مواد غذایی در کشور ما هر روز افزایش می یابد و شاید به طور میانگین از سال گذشته بیش از ۲۰۰ درصد رشد داشته است. این رشد قیمت بیشتر مختص به کالاهای مواد غذایی است که اتفاقاً جز ضروری ترین مواد سبد غذایی خانوار است. قیمت کالاهایی چون لبنیات، حبوبات، گوشت، برنج، میوه و سبزیجات و حتی نان به قدری افزایش داشته است که خرید آن برای بیشتر خانوار ها به یک چالش اساسی رو به رو شده است. آیا این افزایش قیمت مربوط به عوامل ناشی از کروناست و با نابودی کرونا قیمت ها متعادل می شود یا خیر؟ و اینکه آیا امنیت غذایی مردم کشورمان دچار بحران شده است و یا تنها ارزش پول ملی کاهش یافته و مردم در قبال درآمد بیشتر، هزینه بیشتری هم پرداخت می کنند؟ واقعیت آن است که اگر چه برخی از مشاغل با افزایش قیمت ها توانایی افزودن دستمزدهای خود را دارند اما...

ادامه در صفحه ۲

در گفتگوی آنلاین شهردار اصفهان و سفیر ایران در ارمنستان مطرح شد؛

ارمنستان، پل مهمی بین ایران و اروپا

در اردیبهشت ماه ۱۴۰۰ جشنواره بین المللی صنایع دستی را در اصفهان برگزار خواهیم کرد که یک هویت فرهنگی داشته و توسعه اقتصادی را نیز به دنبال دارد

گفتگو با مدیر ارشد بازاریابی جاباما:

ترسیم آینده روشن در روزهای تیره صنعت گردشگری

سفر این روزها اگر چه برای اکثریت جامعه به یک حسرت تبدیل شده اما «جاباما» که یکی از بزرگ ترین پلتفرم های رزرو آنلاین اقامتگاه است همچنان در مسیر ارائه راهکار حتی برای شرایط فعلی حرکت می کند. راهکاری که جاباما برای شرایط کرونا دارد سرویسی است به نام «جاباما پلاس» که در آن مسافران می توانند اقامت امن تری داشته باشند. «راشاسیدماهر»، مدیر ارشد بازاریابی جاباما در گفتگویی دربارہ جزئیات این طرح، داستان شکل گیری اش و آمارهای آن در ماه های اخیر توضیح می دهد. اما این همه موضوع نیست چرا که شهردار در ...



تعامل نصف جهان با چشم بادامی ها برای توسعه گردشگری

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طرح توسکا

(تسهیلات و سپرده های کارگشا)

جای خالی را شما پر کنید!

مبلغ تسهیلات تومان

نرخ سود درصد

دوره بازپرداخت ماه

بانک توسعه تعاون
TOSE'E TA'AVON BANK
www.ttbank.ir

آری مناطق جهان می توان گرفت

سایت ثبت آگهی مفقودی:

agahinasleforda.ir

قابل توجه شهروندان گرامی آیا می دانید با مفقود شدن مدارک شناسایی خود ممکن است شما به عنوان مجرم شناخته شوید؟

۰۳۱-۳۲۲۷۴۷۹۳ - ۳۲۲۷۴۷۹۲ - ۰۲۱-۸۸۰۱۶۶۴۹ - ۸۸۳۵۶۳۰۸

آگهی فراخوان مزایده عمومی (نوبت اول)

شرکت نفت سپاهان در نظر دارد اقدام ذیل را از طریق برگزاری مزایده عمومی به فروش برساند

شماره مزایده: ۰۱۲-۹۹ / ش ن س

شرح مزایده: فروش حدود ۴۰۰ کیلوگرم ضایعات فلز برنج

جهت سایر اطلاعات و دریافت اسناد مزایده از روز یکشنبه مورخ ۹۹/۱۱/۲۶ لغایت روز چهارشنبه مورخ ۹۹/۱۲/۰۶ به سایت شرکت نفت سپاهان به آدرس www.sepahanoil.com، قسمت مناقصه - مزایده مراجعه گردد.

آگهی فراخوان مزایده عمومی (نوبت اول)

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شماره مزایده: ۰۱۳-۹۹ / ش ن س

شرح مزایده: فروش حدود ۳۵۰۰ کیلوگرم ضایعات پلاستیک

جهت سایر اطلاعات و دریافت اسناد مزایده از روز یکشنبه مورخ ۹۹/۱۱/۲۶ لغایت روز چهارشنبه مورخ ۹۹/۱۲/۰۶ به سایت شرکت نفت سپاهان به آدرس www.sepahanoil.com، قسمت مناقصه - مزایده مراجعه گردد.

فراخوان مناقصه عمومی همزمان با ارزیابی کیفی (فشرده) دو مرحله ای

شرکت آب فاضلاب استان اصفهان در نظر دارد مناقصه عمومی دو مرحله ای به شرح جدول زیر را از طریق سامانه تدارکات الکترونیکی دولت برگزار نماید.

| ردیف | موضوع | شماره مرجع | شماره سامانه تدارکات الکترونیکی دولت |
|------|---|------------|--------------------------------------|
| ۱ | تهیه، ساخت و نصب تجهیزات الکترومکانیکال تصفیه خانه فاضلاب شهر تیران به روش PC | ۹۹-۴-۲۷۳ | ۲۰۹۹۰۱۴۳۴۰۰۰۵۶ |

کلیه مراحل برگزاری مناقصه از دریافت اسناد مناقصه تا ارائه پیشنهاد مناقصه گران و بازگشایی پاکت ها از طریق درگاه سامانه تدارکات الکترونیکی دولت (ستاد) به آدرس: www.setadiran.ir انجام خواهد شد و لازم است مناقصه گران در صورت عدم عضویت قبلی، مراحل ثبت نام در سایت مذکور و دریافت گواهی امضای الکترونیکی را جهت شرکت در مناقصه محقق سازند.

تاریخ انتشار مناقصه در سامانه: تاریخ ۹۹/۱۱/۲۱ می باشد.

۳- اطلاعات تماس دستگاه مناقصه گزار جهت دریافت اطلاعات بیشتر در خصوص اسناد مناقصه و ارائه پاکت های الف:

۱- آدرس: اصفهان، خیابان شیخ کلینی، خیابان جابر ابن حیان، دبیرخانه معاملات شرکت آب و فاضلاب استان اصفهان، تلفن: ۰۳۱-۳۶۶۸۰۰۳۰-۳۶۶۸۰۰۳۱ اتاق (۲۹۲)

۴- اطلاعات تماس سامانه ستاد جهت انجام مراحل عضویت در سامانه:

۱- مرکز تماس: ۰۲۱-۴۱۹۳۴
۲- دفتر ثبت نام: ۰۲۱-۸۸۹۶۹۷۳۷ و ۰۲۱-۸۵۱۹۳۷۶۸
۵- اطلاعات تماس دفتر ثبت نام سایر استان ها، در سایت سامانه (www.setadiran.ir) بخش ثبت نام / پرو فایل / تامین کننده / مناقصه گر موجود است.

شرکت آب فاضلاب استان اصفهان

پیش بینی وقوع پیک جدید کرونا در کشور

یک اپیدمیولوژیست گفت: پیش بینی می شود در آینده به دلیل عدم رعایت نکات بهداشتی، شاهد پیک جدید بیماری کرونا در کشور باشیم. احمد مهری اظهار کرد: در حال حاضر یک نگرانی از خرداد پیک جدید بیماری جهش یافته کرونا وجود دارد به همین دلیل باید ورود و خروج مسافران خارجی به کشور به طور دقیق کنترل شود. او ادامه داد: به دلیل نتایج منفی کاذب محتمل تست ها در برابر ویروس کرونا جهش یافته باید مسافرانی که به کشور وارد می شوند به مدت ۱۴ روز در قرنطینه کامل باشند تا در صورت ابتلا به بیماری کرونا آن را به دیگران منتقل نکنند. مهری با اشاره به اینکه متأسفانه اطمینان وجود ندارد که دستورالعمل های بهداشتی و قرنطینه ۱۴ روز توسط مسافران خارجی رعایت می شود، تاکید کرد: یکی از نگرانی های ما بحث کرونای جهش یافته انگلیسی است، زیرا انجام تست برای تشخیص این نوع ویروس جهش یافته با سختی انجام می شود. ویروس کرونای انگلیسی از قدرت سرایت بالایی برخوردار است و متأسفانه این نوع ویروس جوانان و تمام گروه های سنی را تحت تاثیر قرار می دهد. پیش بینی می شود در آینده نزدیک به دلیل کاهش رفتارهای بهداشتی و عدم رعایت نکات بهداشتی، شاهد پیک جدید بیماری و احتمال افزایش موارد بستری در ICU و تعداد فوتی ها باشیم. این کارشناس بهداشت عمومی ادامه داد: نگران بروز پیک بعدی بیماری کرونا در کشور هستیم، افراد نباید این تصور را داشته باشند که به دلیل ابتلا به بیماری کرونا در پیک های بعدی از یک ایمنی بلند مدت برخوردار خواهند بود.



رئیس دانشگاه علوم پزشکی ایران تشریح کرد:

دلیل منحصر بفر دبودن واکسن «کوویارس» ایران در جهان

رئیس دانشگاه علوم پزشکی ایران با اشاره به ویژگی منحصر بفرد «کوویارس» به عنوان دومین واکسن کرونای ایرانی، گفت: اکنون در استان تهران روزانه ۱۵ تا ۲۰ نفر از بیماران مبتلا به کرونا جان خود را از دست می دهند.



برای آشنایی با آخرین وضعیت ساخت واکسن کوویارس و مراحل تولید و کار آزمایی بالینی آن، با جلیل کوهپایه زاده، رئیس دانشگاه علوم پزشکی ایران به عنوان مجری انجام کار آزمایی بالینی

و تست انسانی واکسن به گفت و گو نشستیم. آنچه در ادامه از نظر تان می گذرد، مشروح این گفت و گو است. این گفت و گو در هفته گذشته رونمایی شد. بنا به گفته سعید نمکی، وزیر بهداشت به عنوان نخستین واکسن تزریقی -استنشاقی در جهان در حال ساخت است. در ایران نیز دو نوع واکسن کرونا تولید شده و در مرحله کار آزمایی بالینی و تست انسانی قرار دارند. یکی از این واکسن ها، واکسن کوویارس است که محصول موسسه تحقیقاتی و سرم سازی رازی است.

آقای دکتر! توضیح دهید که طراحی واکسن کوویارس توسط موسسه رازی از چه زمانی آغاز شده است؟

طراحی و ساخت این واکسن تقریباً از اوایل اسفند ماه سال گذشته به شکل نو ترکیب توسط موسسه رازی آغاز شده و کاملاً ایرانی و بومی است. این واکسن در سه دوز تزریقی خواهد شد. دوز اولیه آن عضلانی بوده، دوز دوم آن بعد از ۲۱ روز باز به شکل عضلانی تزریق می شود و فاز سوم آن استنشاقی است و روز پنجاه و یکم تزریق می شود. تست در فاز انسانی برای حدود ۱۳۰ نفر در چهار بازوی مداخله ای شروع خواهد شد و بعد از این مرحله که انجام شد، مرحله دوم مداخله انسانی انجام می شود. در این مرحله روی دو گروه ۲۵۰ نفر یعنی حدود ۵۰۰ نفر این تست انجام می شود.

فرآیند تست و کار آزمایی بالینی واکسن کوویارس روی چند نفر انجام شده و در چه مدت زمانی اجرامی می شود؟ ابتدا در روی ۱۳ نفر و در تریال فاز دو، روی حدود ۵۰۰ نفر انجام می شود و همین فرایند را دارد. در فاز سوم بعد از اینکه نتایج دو فاز قبلی انجام شده مشخص شد، روی جمعیت چندین هزار نفری انجام می شود.

البته فازهای یک و دو، حدود ۵ ماه طول می کشد و فاز سوم نیز بعد از آن و در نهایت این واکسن در اواسط تا پایان تابستان می تواند در مراحل مداخلات انسانی بگذرد و بتواند به تولید انبوه برسد.

آقای دکتر! واکسن کوویارس چه ویژگی و امتیاز خاصی دارد؟

مهمترین ویژگی این است که اول اینکه

پایان مرحله دوم واکسن کوویرت تا آخر هفته

مدیر مرکز کار آزمایی بالینی دانشگاه علوم پزشکی تهران گفت: از مجموع ۵۶ داوطلب فاز اول مطالعه بالینی واکسن «ایران کوویرت»، ۳۵ داوطلب مرحله دوم واکسن کرونا را دریافت کردند و تا آخر هفته جاری تزریق برای ۲۱ نفر باقی مانده انجام می شود. دکتر حامد حسینی اظهار داشت: تزریق دوم تمام داوطلبان مرحله اول فاز انسانی واکسن کرونا تا پایان بهمن ماه پایان می یابد. او ادامه داد: ۲ هفته بعد از آخرین تزریق دوم داوطلبان، آخرین نمونه گیری خون آنها انجام می شود که با انجام این کار، مطالعات مرحله اول تست انسانی واکسن کرونا در نیمه اسفندماه پایان می یابد و پس از آن نتایج مطالعه فاز یک به سازمان غذا و دارو ارسال می شود. افزود: با توجه به شرایط موجود، انتظار داریم همزمان با تهیه و ارسال نتایج، پروتکل مطالعات فاز دوم و سوم این مطالعه تقدیم سازمان غذا و دارو شود تا در صورت تایید، اجازه شروع مرحله بعدی صادر شود. پروتکل فاز دوم و سوم این مطالعه تلفیقی است که اگر مجوز آن از سوی سازمان غذا و دارو صادر شود، قبل از سال جدید آماده هستیم تا مرحله بعد را شروع کنیم. حسینی با بیان این که در صورت تایید نتایج و پروتکل فاز بعد، انتظار داریم که تا پایان اردیبهشت ماه سال آینده نتایج فاز دوم مطالعه به پایان برسد، گفت: زمانی که فازها تلفیق می شود به این معنی است که منتظر اتمام فاز دوم نمی شویم تا مرحله بعدی آغاز شود بلکه هر دو مرحله همزمان شروع می شود و مرحله دوم زیر مجموعه ای از مطالعه بزرگ فاز سوم محسوب می شود. نتایج آن پس از تکمیل دوره تعیین شده در اختیار سازمان غذا و دارو قرار می گیرد. نظر مجریان مطالعه نتایج ایمنی فاز اول مطالعه انسانی قابل قبول است و خوش بین هستیم که سازمان غذا و دارو (رگولاتوری) نیز پس از کارشناسی یافته ها، نتایج ایمنی واکسن را تایید کرده و مجوز ورود به مراحل بعد را صادر کنند.



کتابخانه ۴۶ بهمن ۱۳۹۹ | شماره ۷۱۸



دستورالعملها در ۴۰ روز آینده، می توانیم نوروز آرامی داشته باشیم

معاون کل وزیر بهداشت با بیان اینکه در برخی شهرستان های کشور موارد سرپایی بیماری کووید-۱۹ افزایش قابل توجهی داشته است، گفت: تا زمانیکه ویروس کرونا در جامعه وجود دارد و در حال گردش است، احتمال اوج گیری بیماری هم وجود دارد.

دکتر ایرج حریرچی با اشاره به وضعیت فعلی بیماری کووید-۱۹ در کشور و میزان احتمال بروز پیک چهارم بیماری، گفت: واقعیت این است که تا زمانیکه ویروس کرونا در جامعه وجود دارد و در حال گردش است، احتمال اوج گیری بیماری هم وجود دارد.

وی افزود: بالاخره در حال حاضر ما روزانه بالای شش تا هفت هزار مورد جدیدی را کشف می کنیم، بنابراین تا این میزان ویروس در جامعه وجود دارد و ما هنوز موارد بستری را شاهدیم، احتمال اوج گیری بیماری کووید-۱۹ هم گمان وجود دارد. ضمن اینکه ما مانند همه کشورهای دنیا هم در معرض ورود ویروس های جهش یافته از دیگر کشورها هستیم و هم ممکن است در کشور خودمان هم ویروس دچار جهش شود و انتشار یابد.

حریرچی ادامه داد: بنابراین همانطور که سازمان بهداشت جهانی هم اعلام کرده، تا اطلاع ثانوی، مهمترین روش مقابله با کرونا، رعایت شیوه نامه های بهداشتی و خصوصاً استفاده از ماسک و در نهایت پوشش واکسیناسیون است تا بتواند ایمنی جمعی را در جامعه ایجاد کند.

وی درباره میزان موارد بستری و سرپایی بیماری کووید-۱۹ در کشور، گفت: در موارد بستری افزایش چشمگیری وجود ندارد، به غیر از چند شهرستان که امیدواریم کنترل نشود، اما در برخی شهرستان ها موارد سرپایی افزایش قابل توجهی داشته که امیدواریم با استفاده از ابزار طرح شهید سلیمانی که مشتمل بر تست فراوان، شناسایی موارد جدیدی و رهگیری و قرنطینه افراد مبتلاست، بر این افزایش هم غلبه پیدا کنیم. این افزایش کنونی منحصر به شهرهای شمالی نیست. اکنون شهرهای نارنجی مان نزدیک به ۳۶ شهر است و در خوزستان، آذربایجان غربی و... مواردی از افزایش مراجعین سرپایی را شاهدیم.

حریرچی با اشاره به نزدیک بودن عید نوروز نیز گفت: توصیه اکید این است که فعلاً تا اطلاع ثانوی از سفر غیر ضروری پرزیر کنند و سفر ضروری را هم به حداقل برسانند که هم شامل سفر بین شهری و هم سفر درون شهری است. کماکان جمعیت خصوصاً تجمع در فضای بسته مانند عروسی ها، مراسم ختم و دورهمی و... می تواند موجب شعله ور شدن بیماری شود. ما با رعایت دستورالعملها در ۴۰ روز آینده، می توانیم نوروز آرامی را داشته باشیم.



مربوط به بنیاد برکت است و ویژگی را ندارد. * آقای دکتر! با این توضیحات شما آیا می توان گفت واکسن موسسه رازی از نظر کیفی از واکسن تولید شده توسط بنیاد برکت بالاتر است؟

به نظر بنده اکنون نمی توانیم قضاوت کنیم تا زمانی که ما ایمنی زایی واکسن ها را ببینیم و ایمنی زایی وقتی مشخص می شود که این ترایالها تمام شود. مثلاً الان فاز یک واکسن برکت تمام شده و باید فاز یک واکسن کوویارس نیز تمام شود و در آن زمان با عدد و رقم و ادله درباره برتری این واکسن ها به یکدیگر صحبت کنیم.

به هر حال واکسن برکت هم از جمله واکسن های قابل قبول و موفق است و دارای تکنولوژی درستی است، اما باید اثر بخشی واکسن ها را در مرحله عمل دید و وقتی قضاوت کنیم که نتایج تزریق آنها را با یکدیگر مقایسه و ارزیابی کنیم.

* آقای دکتر! شما در صحبت های خود اشاره به این مطلب کردید که این واکسن کاملاً بومی است؛ حالاً این پرسش برای مخاطب به وجود می آید که مگر واکسن تولیدی بنیاد برکت غیر بومی است؟

نه، مثلاً در برخی واکسن ها قسمتی اضافه یا کم شده است و به لحاظ شیمیایی موادی به مقدار کم یا زیاد به آن اضافه می شود. البته بنده در روند جزئیات تولید واکسن برکت واکسن جای عنوان یک مزیت بیان می کنم که در برخی واکسن ها می تواند از مترال های وارداتی استفاده شود، اما درباره واکسن تولیدی توسط بنیاد برکت اطلاعاتی ندارم و نمی توانم قضاوت کنم.

در خصوص واکسن کوویارس نیز به نقل از دوستانم در موسسه رازی می گویم: به این شکل که آنها گفتند فرایند و مترال مورد نیاز آن را بومی و داخلی توضیح کردیم و این واکسن کاملاً ایرانی است.



و قتی در عرض پنج دقیقه یک وعده غذایی کامل را می خورید، ممکن است دچار سوء هاضمه شوید. در عوض، برای خوردن همان مقدار غذا، ۲۰ دقیقه وقت بگذارید. در این صورت معده شما کار بسیار ساده تری خواهد داشت. آهسته تر غذا خوردن همچنین ممکن است منجر به جویدن بیشتر شما شود، این امر باعث شروع به کار معده برای روند هضم غذا می شود. مانع از خوردن بیش از حد می شود محققان دریافته اند که حدود ۲۰ دقیقه طول می کشد تا شکم هورمون هایی که دستور سیری می دهند را به مغز برساند. در نتیجه اگر آهسته تر غذا بخورید با مقدار غذای کمتری سیر خواهید شد.

منبع: www.verywellfit.com

در برخی کشورهای فر هنگ ها، خوردن یک پرساچمدی

دلایل آهسته غذا خوردن با کاهش سرعت خوردن وعده غذایی خود، ممکن است از مزایای بالقوه سلامتی برخوردار شوید. از وعده غذایی خود بیشتر لذت می برید.

باعث افزایش لذت از خوردن می شود یکی از فواید آشکار آهسته غذا خوردن این است که طعم غذای خود را بیشتر خواهید چشید. اگر مدت زمان خوردن یک وعده غذایی را دو برابر کنید، طعم، بافت و بوی بیشتری از غذا را حس می کنید، و در نتیجه غذا دلچسب تر خواهد شد. باعث کاهش وزن می شود

وقتی مدت زمان خوردن بیشتر طول بکشد، زودتر سیر می شوید و کمتر می خورید. در حقیقت، آهسته غذا خوردن با شاخص توده بدنی پایین تر (BMI) همراه است. مطالعات نشان داده است که آهسته غذا خوردن باعث سیری زودتر می شود. آهسته غذا خوردن همچنین ممکن است به شما کمک کند تا به طور دقیق میزان غذایی که مصرف کرده اید را به یاد بیاورید. حرف آخر؟ سرعت خوردن خود را کم کنید تا زودتر و با مقدار غذای کمتری سیر شوید.

گزینه های غذایی بهتری را انتخاب می کنید وقتی سرعت غذا خوردن خود را کم می کنید، وقت بیشتری برای انتخاب مواد

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Iran produces over 18.7mn tons of steel ingot in 10 months

More than 18.7 million tons of steel ingot was produced in the country in the first 10 months of the current Iranian calendar year (from March 21, 2020 to Jan. 19, 2021).

According to the statistical tables, 18,750,185 tons of steel ingot was produced by steel production units, affiliated to the Iranian Mines and Mining Industries Development and Renovation Organization (IMIDRO) as well as major industrial and mineral companies, registering a seven percent growth as compared to the same period of last year.

In this period, 1,681,192 tons of steel ingot was produced in the Iranian month of Dey in the current year (from Dec. 21 to Jan. 19), showing a four percent growth as compared to the same period of last year. In addition, 12,145,073 tons of steel products was produced in the first 10 months of the current year, showing a two percent hike as compared to the last year's corresponding period.

Iraq Opens Several Border Crossings for Iranian Transit

Following the Iranian Judiciary chief's recent visit to Iraq, the Arab country has reopened several border crossings for the shipment of Iranian commodities by land freight. The Iraqi Ministry of Transport has issued an order to reopen a number of border crossings to Iranian trucks after a recent visit by Iran's Judiciary Chief Seyed Ebrahim Raeisi to Iraq. Iran can now resume transit by land through the Zarbatia border crossing in Iraq's Wasit Governorate, al-Mandaria border crossing in Diyala Governorate (known as Khosravi border crossing in Iran), Safwan border crossing between Iraq and Kuwait in Basra Governorate, as well as Trebil, Al-Qa'im, and Arar border crossings in Al Anbar Governorate. Iran and Iraq have set a target to increase the value of annual bilateral trade exchanges to \$20 billion. In a meeting with Iraqi Foreign Minister Fuad Hussein in Tehran earlier this month, Iranian President Hassan Rouhani expressed Tehran's support for participation of Iraq in regional interaction, describing the Arab neighbor as a heavyweight of political and security arrangements in the region.

EGFI's export coverage up 43% in 10 months

Export Guarantee Fund of Iran (EGFI) offered \$3.06 billion worth of export coverages in first 10 months of current year (from Mar. 21, 2010 to Jan. 19, 2021), showing a 43 percent growth as compared to same period of last year.

EGFI put the export coverage of the Fund at \$2.645 billion in first 10 months of previous Iranian calendar year (from Mar. 21, 2019 to Jan. 19, 2020).

In this period, Export Guarantee Fund of Iran issued \$2.575 billion worth of different types of export credit insurance policies, registering a 51 percent growth as compared to the last year's corresponding period.

The coefficient of export coverage (share of coverage of the Fund from export of non-oil commodities) hit 6.4 percent last year (ended March 20, 2020), the rate of which reached 10 percent in the current year.

This is while the average rate of this coefficient in peer funds in the developed countries stood at two percent.

As the only export credit insurance institute, Export Guarantee Fund of Iran has tried to remove gaps of Iranian banks and foreign trade to a great extent at the tough conditions caused by sanctions, economic pressure and coronavirus disease that has created adverse effect on the country's trade relations with foreign markets.

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TPO to support export promoting activities

Iran's Trade Promotion Organization (TPO) has announced readiness for supporting advertising, marketing, information and consulting, training as well as cultural activities aimed at promoting exports.



Based on the provisions of the non-oil export support package of the current Iranian calendar year

(ends on March 20), the organization intends to support all activities carried out for promoting exports including publication of books, specialized publications in the field of foreign trade like catalogs, brochures, bulletins and magazines in paper or electronic form, as well as preparation and publication of infographics, motion graphics, movies, clips and teasers which are aimed at introducing the capacities of the country and advertise goods and

The government's support package for promoting non-oil exports in the current Iranian calendar year was finalized and released back in June 2020.



services in the target markets.

As reported by the TPO's office of public relations, this support aims to provide the country's export companies, firms, and businessmen access to reliable and up-to-date information in the field of foreign trade and to utilize new platforms in the field of advertising and information technology to introduce important export products and services and capable companies in the target markets and also to

introduce Iran's export capacities and capabilities in those markets.

The government's support package for promoting non-oil exports in the current Iranian calendar year was finalized and released back in June 2020.

According to TPO Head Hamid Zadboum, this year's support package includes resources from the National Development Fund (NDF) amounting to 20 trillion rials (about \$476 million), as well as resources provided

in the year's budget bill amounting to six trillion rials (about \$143 million) plus part of the revenues from export duties and the increase in the Export Guarantee Fund (EGF)'s capital that was up to 100 million Euros.

The official had previously expressed hope that by allocating the above-mentioned resources, achieving the predetermined goals for the development of non-oil exports in the current calendar year will be facilitated.

Jask oil terminal's 1st SPM system loaded

The construction of the first single point mooring (SPM) system of the Jask crude oil export terminal has been completed and the SPM is loaded to be shipped toward its designated point in the Gulf of Oman waters, the operator of Jask oil terminal project in southern Iran announced. Vahid Maleki put the capacity of this SPM system at 7,000 cubic meters per hour (equivalent to one million barrels per

day) and said: "Soon, with the installation of this offshore structure at a distance of approximately six kilometers from Makran coast, the early phase of this project will go operational."

As the country's second major oil terminal, Jask terminal is under construction by Pars Oil and Gas Company (POGC) on 60 hectares of land and with nearly €260 million of investment.

According to Maleki, this SPM system and its accessories, including floating and submersible hoses, weigh nearly 800 tons and will be installed and fixed to the seafloor at a depth of 48 meters.

He also announced the beginning of the construction of the second 36-inch offshore oil pipeline of the terminal, saying: "The shore pulling operation of the 2.5-kilometer offshore pipeline, which will be connected to the SPM, has been started by Sea-Master vessel and is expected to be completed by the end of this week."

The construction of the first 36-inch offshore oil pipeline of the export terminal was completed in late January.

According to Maleki, the total length of the offshore pipelines of the Jask oil terminal is about 45 kilometers, including six parts of 36-inch pipelines.

Bandar Abbas-Latakia shipping line to start work March 10

Chairman of Iran-Syria joint chamber of commerce Keyvan Kashefi said that Bandar Abbas-Latakia shipping line will start work on March 10. Kashefi said that based on the agreement,

the shipping line will regularly transport shipments from Iran to Syria every month. The first shipment will be transported on March 10, he said adding that the shipping line is also supposed to take journey every 15 days.

He noted that there is no limitations with regard to exports items and exporters can select Syria as their destination.

Referring to US sanctions, he said Iran

and Syria have introduced a pattern of resistance to the US excessive demands. Earlier, Syrian Prime Minister Hussein Arnous appreciated Iranian government and people support and called for developing economic interactions by private sector.

He also called for Iranian companies' participation in reconstruction of Syria and relaunching its factories.

Brent Oil: A rally to \$70 is technically possible

This week, Brent Oil prices broke through the technical resistance level of \$60/barrel within the upward trend channel. As a result, the multiyear downward trend was broken. Technically, a rally to \$70/barrel is possible. ABNAMRO revises up oil price forecasts, but the \$50-60/barrel trading range remains the base scenario.

"Based on the technical outlook, oil prices could rally to \$70-72/barrel, which are the peaks of September 2019 and January 2020. However, based on fundamental analysis, the case for further price gains is hard to make, although we are seeing optimism in financial markets in general."

"We continue to expect a trading range in which the average Brent oil prices trade roughly between \$50 and \$60/barrel. Nevertheless, market speculation may temporarily push oil prices higher. Based on the supply/demand balance, we think that such much higher oil prices are not sustainable and that oil producers will then start to increase production."

"With so much spare production capacity available, there will be no shortages in the coming years. There is also a risk that the expected recovery in demand for oil will be disappointing. The biggest recovery of demand will have to come from the aviation sector. Especially for aviation, we do not yet see a major recovery this year."

"If investors start to feel that the upward movement is coming to an end, profit-taking on the extensive long positions could trigger a severe downward price correction. We, therefore, believe that the risks to the oil price are mainly on the downside."

"We have also adjusted the oil price somewhat for 2022 and 2023. Again, we still see the \$50-60 range. However, the price could rise slightly as a result of the expected economic recovery once the lockdown eases."

NO 701

Sudoku

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News

Russia stresses restoring Iran's economic bonuses

Russia's Permanent Representative to the International Organizations in Vienna stressed the need to provide economic bonuses to Iran to advance the process of full implementation of the JCPOA. In a tweet on Friday, Mikhail Ulyanov wrote, "The last sentence seems to be absolutely relevant judging by the statements of the Iranian officials."

"Hopefully, the countries whom it may concern fully understand

that. They have significant experience to make the right conclusions. No question about that," he added.

His tweet came as Russian Deputy Foreign Minister Sergei Ryabkov said, "All of Iran's actions in this direction are reversible, and as the officials in charge in Tehran have repeatedly stated, with a shift in the right direction, the Islamic Republic [of Iran] can quickly return to full compliance with its obligations under the JCPOA."

"Restoring Iran's economic bonuses is key. US and E3 should make a move, Iran will respond constructively," he added.

London should stop arms support to Saudi amid Yemen crisis

A British Labor Party politician believes that the Western countries, including the UK, must stop the arms support to the Saudi-led coalition in order to stop the bloodshed in Yemen that has been going on for years.

"The war in Yemen has had a devastating impact on the people of the country... Famine remains a constant threat [in the war-torn country]," Bell Ribeiro-Addy, who has served as the Member of Parliament for Streatham since 2019, told Mehr News Agency.

She said the bloodshed should come to an end as soon as possible, noting that a major step in this regard could be the halt of the arms sales to the aggression forces by the Western countries.

Ribeiro-Addy echoed calls by Mark Lowcock, UN humanitarian affairs chief, in calling for an immediate ceasefire.

"Faced with these monumental crises, the war in Yemen must end and Britain must no longer enable this war through the selling of weapons to Saudi Arabia," she underlined.

The British Parliamentarian vowed to "continue to monitor the situation in Yemen and speak out in Parliament in favor of an internationalist, peaceful, social justice-led foreign policy." Saudi Arabia and a number of its regional allies - including the United Arab Emirates (UAE) - launched their brutal war against Yemen in March 2015 to eliminate the Ansarullah movement and restore Hadi to power in Yemen.

Much criticism has been directed at the Western countries, including the US and the UK, for their double standards on human rights in Yemen.

While Riyadh and its allies continue their genocide in Yemen, there is no single word of protest from the Westerners or the so-called human rights defenders.

New US President Joe Biden, in a reversal of his predecessor Donald Trump's foreign policy, has pledged to put an end to Washington's support for the years-long Saudi war on Yemen that has deepened suffering in the poorest Arab country. However, doubts remain strong since the world waits to see whether that is just another political maneuver or not.

President urges stricter COVID-19 border protocols

President Hassan Rouhani on Saturday called for strict COVID-19 border protocols to ensure passengers coming to Iran carry no variants of corona virus.

President Rouhani made the remarks at a national anti-coronavirus Task Force meeting in Tehran.

All border entries should be protected by strict protocols in order to not let new virus be imported to the country, the president underlined.

Everyone who enters the country should be treated based on national law and restrictions, he said, adding that they

should follow health protocols whether it is quarantine or test.

Since its outbreak in December 2019 worldwide, the coronavirus pandemic has killed near 2,400,000.

The number of deaths caused by the corona pandemic in Iran has passed 58,000.

Everyone who enters the country should be treated based on national laws and restrictions, said he adding they should follow health protocols whether it is quarantine or test.

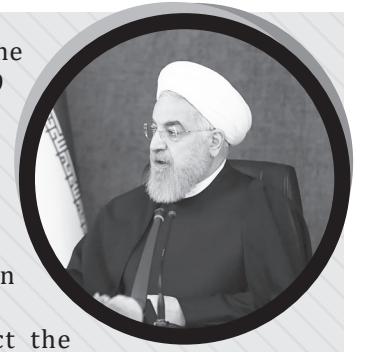
Since its outbreak in December 2019 worldwide, the coronavirus pandemic has killed near 2,400,000.

The number of the dead in Iran has passed 58,000.

The first consignment of the Russian-made COVID-19 vaccine "Sputnik V" arrived in Iran on February 4.

Son of Iran's Minister of Health and Medical Education was the first to receive the vaccine on February 9.

At a ceremony to inject the Russian-developed vaccine, the president said it carries a message that when an official's dear son takes the vaccine, it is safe.



Unreliable US should return to JCPOA first: UK thinkers

The United States and the European Union have shown that they are not trustworthy partners in implementing the 2015 Iran nuclear deal; so, Washington is the one who should take the first step in returning to the international agreement, political experts say.



A British analyst, a former UK envoy to Damascus and an editor for The Independent believe that the US and the EU have

done nothing to prevent the Trump administration's withdrawal from the Joint Comprehensive Plan of Action (JCPOA); therefore, they are now expected to make amend. New US President Joe Biden criticized his predecessor Donald Trump's foreign policies especially his withdrawal from the JCPOA during the 2020 presidential election campaigns, but the incumbent administration has done nothing to come back to the deal and it has even set conditions for returning to the agreement.

Biden emphasized that his country will not return to the JCPOA until Iran stops enriching uranium. US Secretary of State Antony Blinken has urged Iran to abide by its commitments under the accord.

The European signatories to the JCPOA promised that they would compensate

for losses inflicted on Iran after the US pull-out from the agreement, but they did nothing tangible and they are sending vague signals even in this juncture. Germany called for a greater agreement with Iran on its missile power and developments in the West Asia region. France introduced itself as a sincere mediator, calling for participation of Saudi Arabia and the Zionist regime in future negotiations on the JCPOA.

In this respect, IRNA interviewed with three political experts who express their doubt about trustworthiness of the US and the EU.

Rodney Shakespeare, a British analyst, said that the US and Europe purposefully violated the nuclear deal and they are not trustworthy partners.

As a result of US unilateral sanctions on Iran, the country's economy has lost

billions of dollars for two years, Lieutenant General Qassem Soleimani and nuclear scientist Mohsen Fakhri Zadeh were assassinated and thousands of Iranians lost their lives due to lack of medicine and medical equipment because of the illegal embargo, Shakespeare noted.

He underlined that until the US and the EU compensate losses they inflicted upon Iran; there would be no trust on them.

Former UK ambassador to Syria Peter Ford said that it is obvious the party, who pull out of the JCPOA, should take the first step to return to the deal.

He went on to say that the European Union and the European Troika, including the European Commission (EC), the European Central Bank (ECB) and the International Monetary Fund (IMF), were expected to pave the way for returning the JCPOA to its correct path, but the

current situation shows it is a far fetched hope, because a proposition by French President Emmanuel Macron on Saudi-Israeli presence in the JCPOA talks undermines his seriousness in this respect. Kim Sengupta, Defence and Security Editor for The Independent, believes the US should take the first step to come back to the JCPOA in order to show that Washington is serious about returning to the agreement. To this end, the United States can pave the ground for the IMF's loan to Iran and lift sanctions as well as facilitate medicine shipment to the Islamic country, he noted. However, Supreme Leader of the Islamic Revolution Ayatollah Seyyed Ali Khamenei declared that the Islamic Republic will come back to its commitments under the JCPOA, when the US lifts all anti-Iran sanctions practically.

In this respect, IRNA interviewed with three political experts who express their doubt about trustworthiness of the US and the EU.

West, ISIL agree to intensify attacks on Syria: report

Sputnik news agency reported a new agreement between Western intelligence services and ISIL leaders to intensify attacks on Syrian forces and their allies.

Media sources revealed that the Western intelligence services, which claim to be fighting ISIL, have agreed in a series of

meetings with the leaders of this terrorist organization to carry out terrorist attacks in Syria. Sputnik news agency wrote in a report published Friday night, quoting an informed source that according to credible information, since the beginning of this year, a series of meetings attended by representatives of the US, French and British intelligence services and some countries in the region

was held in the US-occupied Al-Tanf region in southeastern Syria, as well as in some countries neighboring Syria, which some leaders of ISIL and other terrorist groups have also participated these meetings.

The meetings discussed the issue of increasing attacks on Syrian government forces, armed groups close to Iran and Russian military bases in Syria, the source reported.

JCPOA of no value if sanctions remain: Araghchi

Iran's Deputy Foreign Minister for political affairs Abbas Araghchi said on Friday that when Iran talks of sanction removal, it means all sanctions mentioned in the JCOPA, those imposed after the US withdrawal of the deal, as well as the ones reimposed under new labels through legal tricks.

In an interview with the website of the Supreme Leader's Office, Araghchi underlined that if the US wanted to return to the JCPOA, it would remove all sanctions first, because the deal without removing sanction has no sense.

The diplomat also stated that Iran's stance is totally clear, as it says sanctions status must go back to the status in January 2017. It means that any sanctions that didn't exist at that time must cease to exist now and Iran will verify any US measure before full compliance with the JCPOA, according to Araghchi.

On the sanctions removal verification, the Foreign Ministry official explained that sanctions are firstly removed on paper, but what is important for Iran is its practical impact.

"We don't care if the US signs [a paper] allowing Iran sell its oil... rather, what is important for us is that we have the ability to sell our

oil without any problem in shipping, insurance and other issues. In fact, our oil must be delivered to the purchaser and we received its price through banking system," Araghchi noted.

Some sanctions have immediate impact when removed, but some others would take a long time to prove effective, according to Araghchi who added that those sanctions targeting investment in Iran, would take months to bear fruit when lifted.

He also said that the US which is addicted to sanctions as a means of foreign policy on his words, used to make hurdles to minimize Iran's benefits from sanctions removal even in Obama administration. Referring to the recent legislative action by Iran's parliament which required the government to resume 20% uranium enrichment, Araghchi said that reducing compliance with the JCPOA is line with Iran's national security interests.

He underlined that these measure along with other non-compliance measures were taken in accordance with paragraph 36 of the JCPOA which allows a party to reciprocate any failure by another party to fulfill its commitments.

Araghchi didn't rule out the possibility that the US will do minor measures and pretend it has removed sanctions, adding, "There seems they haven't reached a conclusion yet on their Iran policy, and they might take such measure."

NEWS

Zarif protests against E3's statement on Iran

Iranian Foreign Minister, Mohammad Javad Zarif in a tweet protested against stances held by Britain, Germany, and France (the E3) in their statement on Iran's non-compliance with JCPOA. "Have our E3 partners ever read para 36 of JCPOA and Iran's many letters on that basis?" Zarif wrote on his official Twitter account.

"By what logic is the onus on IRAN to stop its remedial measures undertaken a full year after the US withdrew from—and continues to violate—the JCPOA? What have E3 done to fulfill their duties?" he added.

The three EU states E3 said in a statement on Friday: "We, the governments of France, Germany and the United Kingdom, note with grave concern the recent confirmation by the IAEA that Iran is producing uranium metal in violation of the JCPOA. Under the JCPOA, Iran committed not to engage in producing or acquiring uranium metal or to conduct research and development on uranium metallurgy for 15 years."

They claimed that Iran has no credible civilian justification for these activities, which are a key step in the development of a nuclear weapon.

Islamic Rev. turns 42 yrs., Trump joins dustbin of history

Ayatollah Sayyid Yasin al-Musawi, Friday Prayers leader in Baghdad said that Islamic Republic of Iran celebrated 42 years of Islamic Revolution anniversary victory and former US President Trump joined ash heap of history.

As Islamic Revolution of Iran, despite tough and oppressive sanctions, turned 42 years, former US President Donald Trump joined dustbin of history and this is a great victory for the Islamic Republic of Iran, the ayatollah reiterated.

The Islamic Revolution of Iran turned 42 years at the condition that former US President Trump made many threatening statements against Islamic Republic of Iran during the last four years of his presidency, Al-Youm reported, Despite all this, Islamic Revolution of Iran continued and it was Trump who joined the dustbin of history, he said, adding, "Founder of the Islamic Revolution Imam Khomeini (RA) explicitly referred to the day of severance of relations between Iran and the United States as a great festive and said that the United States cannot do a damn thing."

The experience of the last four decades has proved well that anyone who attacks Islamic Revolution of Iran will join the dustbin of history and will be uprooted, Ayatollah Sayyid Yasin al-Musawi, Baghdad Friday Prayers leader added.

News

JCPOA of no value if sanctions remain: Araghchi

Iran's Deputy Foreign Minister for political affairs Abbas Araghchi said on Friday that when Iran talks of sanction removal, it means all sanctions mentioned in the JCOPA, those imposed after the US withdrawal of the deal, as well as the ones reimposed under new labels through legal tricks. In an interview with the website of the Supreme Leader's Office, Araghchi underlined that if the US wanted to return to the JCPOA, it would remove all sanctions first, because the deal without removing sanction has no sense. The diplomat also stated that Iran's stance is totally clear, as it says sanctions status must go back to the status in January 2017. It means that any sanctions that didn't exist at that time must cease to exist now and Iran will verify any US measure before full compliance with the JCPOA, according to Araghchi. On the sanctions removal verification, the Foreign Ministry official explained that sanctions are firstly removed on paper, but what is important for Iran is its practical impact. "We don't care if the US signs [a paper] allowing Iran sell its oil... rather, what is important for us is that we have the ability to sell our



the damages imposed on Iran's economy through the sanctions, the official said that Iran would seek compensation as core part of any future negotiation, but not as a pre-condition for US return to the JCPOA. In line with the policies declared by the Supreme Leader stating that making the country resistant to any sanctions, Araghchi opined that entering strategic partnerships with neighboring countries, already being pursued Iran, would be a great way to make a consensus against US sanctions.

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FM: JCPOA enshrined remedial measures for non-compliance

Iranian Foreign Minister Mohammad Javad Zarif in a message advised UK, France and Germany to read paragraph 36 of the Joint Comprehensive Plan of Action (JCPOA) which enshrined remedial measures for non-compliance of either party. "Have our E3 partners ever read para 36 of JCPOA & Iran's many letters on that basis?, Zarif wrote in his Twitter account on Friday. "By what logic is the onus on IRAN to stop its remedial measures undertaken a full year after the US withdrew from—and continues to violate—the JCPOA? What have E3 done to fulfill their duties?," he added. The three EU states E3 said in a statement on Friday: "We, the governments of France, Germany and the United Kingdom, note with grave concern the recent confirmation by the IAEA that Iran is producing uranium metal in violation of the JCPOA."



Headlines

JCPOA of no value if sanctions remain: Araghchi

5

Iran produces over 18.7mn tons of steel ingot in 10 months

4

EGFT's export coverage up %43 in 10 months

4

CALL TO PRAYER TIME IN ISFAHAN

Morning call to prayer:

05:25:38

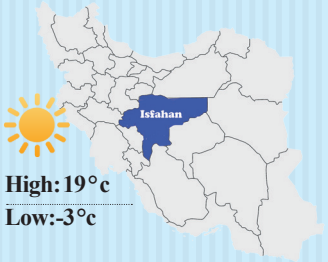
Noon call to prayer:

12:17:29

Evening call to prayer:

18:05:54

WEATHER



Iran's return to JCPOA before termination of sanctions meaningless

An Iraqi strategic affairs analyst said here on Saturday that demands on the Islamic Republic of Iran's return to the nuclear agreement before termination of economic sanctions are quite meaningless. The Head of Iraq's Central Office for Union for Strategic Studies Mahmud al-Hashemi said in an exclusive interview with IRNA that if the Americans wish to prove their good will they should terminate the anti-Iranian sanctions, because Tehran's return to its Joint Comprehensive Plan of Action (JCPOA) commitments before that is quite meaningless.



President urges stricter COVID19-border protocols

5

Benefits of Eating Your Food Slowly

In certain countries and cultures, a meal can last for hours.

Reasons to Eat Slowly

By slowing down your meal, you may gain potential health and wellness benefits. 2 You're also more likely to enjoy your meal.

Increases Food Satisfaction

One obvious benefit of eating more slowly is that you will taste your food more. If you double the amount of time it takes you to eat a meal, you'll experience more of the flavors, textures, and smells of the food you eat. Your food will become more interesting.

Promotes Weight Loss

When you take longer to eat, you might find that you learn to stop eating sooner. You might notice that you are full and don't need that extra bite.

In fact, slower eating is associated with a lower body mass index (BMI). 3 Studies have found that eating slowly improves satiety (the feeling of fullness and satisfaction after a meal).

Eating slowly may also help you to accurately remember the amount of food you consumed. 4 The bottom line? Slow down and you may feel full with less.

Enables Better Food Choices

When you slow your eating pace, you have more time to make more thoughtful food choices. This is good because the more you pay attention to your foods, the more you give yourself the opportunity to select nutritious, healthy foods. Many empty calorie foods are heavily processed by food manufacturers. They are often high in sodium and added sugar. These foods are carefully designed by food engineers to taste great for the first three or so bites. After a few

bites, many people say that their desire for more salt and more sugar increases. Studies have shown that people often eat more when they consume ultra-processed foods. 5

Natural foods, on the other hand, contain no added sugar or added sodium (unless you add them during meal preparation). They have simple, but delicious tastes and textures. A strawberry starts out with a burst of juice but then stays interesting as you chew. Oranges, nuts, and vegetables are the same.

Allows for Social Connection

Eating can be a social event. Meals are a time when people gather and spend time together. Once the meal is over, everyone goes their separate ways. By taking more time at a meal, you'll be able to talk to your friends and family more, improve relationships, and feel more connected.

Improves Digestion

Eating slower gives your stomach more time to start working on the food. When you send an entire meal down your throat in five minutes, you may find yourself suffering from indigestion. Instead, take 20 minutes to eat the same amount of food.

Your stomach will have a much easier job. Eating slower might also result in you chewing more, giving your stomach a head start in the digestive process.

Prevents Becoming Overstuffed

Researchers have found that it takes your stomach about 20 minutes to produce the hormones that tell your brain that you are full. If you slow down, you give yourself more time to feel satisfied. This gives you a better chance of stopping before you "get stuffed."

Eating slower gives your stomach more time to start working on the food. When you send an entire meal down your throat in five minutes, you may find yourself suffering from indigestion. Instead, take 20 minutes to eat the same amount of food.

MPurges Gov. to withdraw from Additional Protocol

European countries must lift sanctions on Iran by Feb. 21, otherwise, the government must prepare the country to halt the implementation of the Additional Protocol to the NPT, an Iranian Parliament member said. Speaking in an interview with Mehr News Agency, Zohre Elahian,

the member of Parliament National Security and Foreign Policy Commission said, "As the Leader of Islamic Revolution underlined, Iran will return to its obligations under the JCPOA when the United States lifts all sanctions, in practice and not verbally." She went on to say that the lifting of sanctions must be verified by Iran. The line of Iran's diplomatic apparatus in this issue has been clearly defined,

and the red lines of the Leader of Islamic Revolution must be carefully considered, the Iranian lawmaker stressed. Following the ratification of the Strategic Action Plan to Counter Sanctions, the Iranian Parliament is determined to halt the implementation of the Additional Protocol to the nuclear Non-Proliferation Treaty (NPT), if European countries fail to lift sanctions by 21 February.

US Senators Prod Biden Administration on Nord Stream 2 Pipeline Sanctions

Two senators urged US President Joe Biden to ensure the implementation of sanctions passed in January aimed at stopping the Nord Stream 2 Russia-to-Germany gas pipeline project, which a State Department spokesman said on Friday was a "bad deal" for Europe.

Senators Jim Risch, a Republican, and Jeanne Shaheen, a Democrat, urged the State Department not to delay issuing a report to Congress required under sanctions passed in the annual defense policy bill, which they said was due by Feb. 16.

The report will identify companies involved in constructing, insuring and verifying Nord Stream 2. The law requires the sanctions to be imposed on the companies listed.

"We look forward to working with you to bring an end to this dangerous project," the senators said in the letter, according to a copy seen by Reuters.

The letter made reference to "press reports that the German government has put forth an offer that would require the United States to disregard statutorily-mandated sanctions," without giving details.

Russian state gas company Gazprom is racing to finish the \$11 billion project to take natural gas to Europe via Germany ahead of the implementation of further US sanctions. The company expects the project to be completed this year.

Work on the project stopped for a year after Washington imposed sanctions in late 2019.

Nord Stream 2 is more than 90% complete but requires additional tricky work in deep waters of the Baltic Sea off Denmark, where unexploded World War Two bombs lie on the seabed.

The United States, which has opposed the project since the days of former President Barack Obama, says the project would increase Russian President Vladimir Putin's economic and political influence over Europe.

Nord Stream 2 is more than %90 complete but requires additional tricky work in deep waters of the Baltic Sea off Denmark, where unexploded World War Two bombs lie on the seabed.

The pipeline would avoid Ukraine, Slovakia and other countries, depriving them of lucrative transit fees.

The project has become even more politicized after Kremlin critic Alexei Navalny, who was poisoned in August in Siberia and flown to Germany for treatment, was imprisoned by Russia last week.

The Trump administration pushed US exports of liquefied natural gas, or LNG, as an alternative for Europe to Russian gas. Russia, Germany and Nord Stream 2, a consortium of Gazprom and several Western companies, say the project is purely about commerce.

The State Department has not said when it will put out the report.

"It's a bad deal because it divides Europe, it exposes Ukraine and Central Europe to Russian manipulation, it goes against Europe's own stated energy and security goals," Ned Price, the State Department spokesman, told reporters.

But Price said "sanctions are only one" of many tools and that the department will work closely with allies and partners to reinforce European energy security and to safeguard against "predatory behavior". Asked whether the department intends to meet the Feb. 16 deadline, Price said it is committed to engagement with Congress to ensure lawmakers "have the information they need in as timely a manner as we are able to provide".

Backers of Nord Stream 2 sanctions said Congress would continue pushing the administration on the issue.

Several companies, including Zurich Insurance Group, one of 20 insurers in a consortium backing the pipeline, have already dropped out of the project fearing US sanctions.

"Congress knows who these companies are and will push back if they aren't included" in the report, said Daniel Vajdich, president of Yorktown Solutions, a lobbying group.

