

اخبار اصفهان

روزنامه اقتصادی استان اصفهان

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قیمت ۷۰۰۰ تومان

مدیر کل ثبت احوال استان اصفهان اعلام کرد:

اعتبار کارت‌های ملی قدیمی، تا سال ۱۴۰۵



معاون سازمان ثبت اسناد و املاک کشور:

صدور سند مالکیت اراضی کشاورزی مجوزی برای تغییر کاربری نیست

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Some Ways to Fix Oily Hair

مبارزه با چربی موها

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اخبار اصفهان
ISFAHAN NEWS

سرمقاله
مریم عمادی
کارشناس ارشد علوم سیاسی

از جاده مناظرات تا خانه بهارستان

رای قبلی آنان تقویت می‌شود. چهارمین تأثیر مناظره‌های سیاسی، آشنا شدن رای دهندگان با مسائل مطرح شده در انتخابات است. پنجمین تأثیر بحث‌های سیاسی، کمک نمودن به رای دهندگان است تا آنان بتوانند اطلاعات بیشتری درباره موضوعات مورد بحث در مبارزات انتخاباتی کسب کنند. ششمین تأثیر بحث‌های سیاسی، ترسیم تصویر صحیحی از نامزد است، خصوصاً هنگامی که نامزدی در اذهان عمومی کاملاً شناخته شده نباشد.

ادامه در صفحه ۲...

تأثیر مناظرات بر روند انتخابات اولین اثر بحث‌ها و مناظرات سیاسی، افزایش مخاطبان است که به علت به وجود آمدن برخورد آرا و عقاید است و در مناظره رود رو بین نامزدها، مخاطبان منتظر وقوع آن هستند. دومین اثر بحث و مناظره‌های سیاسی، تقویت اطمینان مخاطبان نسبت به یک نامزد خاص است. سومین اثر بحث‌های سیاسی، عدم تغییر آرای رای دهندگان است، یعنی تعداد محدودی از رای دهندگان رای خود را تغییر می‌دهند و غالباً به نامزد دیگر، تمایل نشان نمی‌دهند، بلکه

در روزهایی که چیزی به برگزاری انتخابات مجلس شورای اسلامی نمانده و نامزدان در تکاپوی تبلیغات و معرفی خود هستند بر آنیم که در خصوص یکی از مهم‌ترین ابزار تبلیغات سیاسی کاندیداها نکاتی را مطرح کنیم. در این راستا باید گفت مناظره‌ها شاید حساس‌ترین و سرنوشت‌سازترین بخش از دوره محدود تبلیغات رسمی نامزدهای انتخابات هستند که بدلیل مطرح شدن کلیدی‌ترین مسائل مورد علاقه مردم، مخاطبان فراوان دارند و می‌توانند نقش تعیین‌کننده در سرنوشت نامزدها و نتیجه انتخابات ایفا کنند.

گفت‌وگو اخبار اصفهان با پوریا عادل، متخصص آنکولوژی و فعال صنفی:

برنامه کاندیداهای مجلس برای حوزه درمان چیست؟

فرماندار آران و بیدگل:

۱۳ شعبه اخذ رأی به شعب اخذ رأی آران و بیدگل افزوده شد

با تکیه بر توان متخصصان داخلی:

تعمیرات فولادسازی ذوب آهن اصفهان با رویکرد زیست محیطی انجام شد

دستاوردی دیگر از دانش بنیان‌ها:

تولید دستگاه راهبردی جابه‌جایی فوری بارهای کانتینری در بندار

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چهاره‌روز



رئیس شورای شهر اصفهان:

مجلس دارای پشتوانه قوی مردمی، کارایی بالاتری دارد

رئیس شورای اسلامی شهر اصفهان گفت: فارغ از اینکه مردم به چه افرادی رای می‌دهند، پشتوانه قوی مردمی مجلس مهم است، زیرا مجلس قوی، کارایی بالاتری دارد...

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اینفوگرافیک

۵ اپلیکیشن موبایلی برای ادیت ویدیو به غیر از CapCut

- **InShot:** یک اپلیکیشن قدرتمند برای ادیت ویدیو و عکس با امکانات متنوع از جمله افکت‌ها، فیلترها، موزیک و ادغام کلیپ‌ها.
- **KineMaster:** اپلیکیشن حرفه‌ای با امکانات پیشرفته ادیت ویدیو از جمله لایه‌ها، افکت‌ها، ترانزیشن‌ها و صداگذاری.
- **Adobe Premiere Rush:** اپلیکیشن ساده و کارآمد برای ادیت ویدیو با امکانات اصلی نرم افزار حرفه‌ای Adobe Premiere Pro.
- **FilmoraGo:** اپلیکیشن ساده و کاربرپسند برای ادیت ویدیو با امکانات متنوع از جمله افکت‌ها، موزیک و ترانزیشن‌ها.
- **PowerDirector:** اپلیکیشن با امکانات پیشرفته برای ادیت ویدیو با فیلترها، افکت‌ها، ترانزیشن‌ها و ادغام صدا.

وزارتخانه

وزیر راه و شهرسازی اعلام کرد:

ساخت و بهره‌برداری از ۲ هزار و ۲۴۴ کیلومتر بزرگراه و راه اصلی

وزیر راه و شهرسازی از احداث و بهره‌برداری ۲ هزار و ۲۴۴ کیلومتر بزرگراه و راه اصلی در دولت سیزدهم خبر داد. به گزارش ایرنا از وزارت راه و شهرسازی، «مهرداد بذرش» در حاشیه جلسه کمیسیون ایمنی راه‌ها، با اشاره به عملکرد این وزارتخانه از ابتدای دولت سیزدهم تا کنون گفت: در مجموع ۲ هزار و ۲۴۴ کیلومتر شامل یک‌هزار و ۵۵۹ کیلومتر بزرگراه و ۶۸۵ کیلومتر راه اصلی در دولت سیزدهم احداث شده و به بهره‌برداری رسیده است. وزیر راه و شهرسازی با اشاره به عملکرد این وزارتخانه در حوزه ساخت و توسعه راه روستایی، افزود: هشت‌هزار و ۷۵۱ کیلومتر راه در روستاهای بالای ۲۰ خانوار ساخته شده و توسعه یافته است. بذرش اظهار داشت: ساخت و بهره‌برداری از باندرفت منطقه ۲ آزادراه تهران-شمال به طول ۲۲ کیلومتر به ارزش هشت هزار و ۲۰۰ میلیارد تومان (۸.۲ همت) از

اقدامات انجام شده در بخش جاده‌های است. به گزارش ایرنا، ۱۰۸ پروژه احداث بزرگراه و بهسازی راه اصلی به طول ۸۳۱ کیلومتر با ارزش ۳۳ هزار و ۵۹۶ میلیارد تومان (۳۳۳ کیلومتر شرکت ساخت و توسعه زیربناهای حمل و نقل و ۳۵۸ کیلومتر ادارات کل راه و شهرسازی) به همراه ۳۹۷ پروژه جاده‌ای با اعتبار یک‌هزار و ۷۵۸ میلیارد تومان شامل رفع نقطه پر حادثه، احداث و بازسازی ۱۴۷ دستگاه پل و تونل، ۱۵ باب مجتمع‌های خدماتی-رفاهی و همچنین ۱۳۷ هزار و ۳۰۴ کیلومتر با اعتبار ۲۳ هزار و ۱۸۹ میلیارد تومان، شامل یک‌هزار و ۶۴۷ کیلومتر احداث، بهسازی و آسفالت راه‌های فرعی و روستایی، ۹ هزار و ۳۷۷ کیلومتر لکه‌گیری و روکش آسفالت راه‌های شریانی، فرعی و روستایی، ۵۲۰ کیلومتر بهسازی و تعریض محور و... مهم پروژه‌های قابل بهره‌برداری وزارت راه و شهرسازی تا پایان سال ۱۴۰۲ محسوب می‌شوند.

نرخ سکه و ارز



قیمت
۳۰۰ سکه
هزار تومان
افزایش یافت

قیمت هر قطعه سکه طرح جدید در معاملات روز (سه شنبه، هشتم اسفند) در بازار طلای تهران با ۲۰۰ هزار تومان افزایش نسبت به روز قبل به ۲۳ میلیون و ۹۰۰ هزار تومان رسید. به گزارش خبرنگار اقتصادی ایرنا، قیمت هر قطعه سکه بهار آزادی طرح جدید امروز بر اساس اعلام اتحادیه طلا و جواهر تهران با ۳۰۰ هزار تومان افزایش نسبت به روز کاری گذشته (دوشنبه، هفتم اسفند) ۳۳ میلیون و ۹۰۰ هزار تومان دادوستد شد. سکه بهار آزادی طرح قدیم هم با ۳۵۰ هزار تومان افزایش نسبت به دیروز، ۳۱ میلیون و ۹۰۰ هزار تومان معامله شد.

نیم‌سکه در بازار تهران دیروز با افزایش ۱۵۰ هزار تومانی به نرخ ۱۸ میلیون و ۹۵۰ هزار تومان و ربع سکه با ۵۰ هزار تومان افزایش، ۱۱ میلیون و ۹۰۰ هزار تومان معامله شد. سکه گرمی نیز با ۵۰ هزار تومان افزایش به قیمت ۶ میلیون و ۵۰۰ تومان خرید و فروش شد. هر گرم طلای ۱۸ عیار در روز جاری در بازار طلای تهران ۲ میلیون و ۹۱۱ هزار تومان معامله شد که نسبت به روز قبل ۳۸ هزار تومان افزایش را تجربه کرد. نرخ هر انس طلا در بازارهای جهانی نیز با هفت دلار افزایش به ۲ هزار و ۳۸ دلار رسید.

چاپ اول

آگهی مزایده فروش زمین مسکونی (نوبت سوم)

شهرداری شاپور آباد به استناد صورت جلسه شماره ۴۵۶ مورخ ۱۴۰۲/۱۰/۱۷ شورای محترم اسلامی شهر در نظر دارد:
تعداد ۳ پلاک زمین با کاربری مسکونی واقع در مجموعه تفکیکی شهید پلونی شهر شاپور آباد را از طریق مزایده عمومی به شرح زیر به فروش برساند بنا بر این از کلیه متقاضیان دعوت می‌شود جهت بازدید از محل و کسب اطلاعات بیشتر به شهرداری و برای ارائه قیمت بر مبنای قیمت هر متر مربع به سامانه تدارکات الکترونیک دولت (www.setadiran.ir) در مدت زمان تعیین شده مراجعه نمایند.
مهلت دریافت اسناد: تا تاریخ ۱۴۰۲/۱۲/۱۶
مهلت ارسال پیشنهادات: تا تاریخ ۱۴۰۲/۱۲/۲۷
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فرید شریعت زاده - شهردار شاپور آباد

www.pwa.agahinaslefarda.ir

قابل توجه شهروندان گرامی آیامی دانید با مفقود شدن مدارک شناسایی خود ممکن است شما به عنوان مجرم شناخته شوید؟

تلفن سفارش آگهی

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Iran's nominal power generation capacity exceeds 92,000 MW

The nominal capacity of Iran's power plants has reached 92,055 megawatts (MW), according to the latest data released by Iran Grid Management Company (IGMC). The IGMC data for the 10th Iranian calendar month (ended on January 20) indicate that the country's power generation capacity has increased by 1.4 percent compared to the previous year, IRNA reported. As reported, the capacity of the country's gas power plants, which account for 25.3 percent of the country's total power generation capacity, also increased by 3.1 percent to 23,330 MW in the current year. The total capacity of renewable power plants also increased by 20 percent compared to the previous year, reaching 1,120 MW. Most of Iran's power generation capacity is supplied by thermal power plants. Currently, combined cycle power plants account for the biggest share of the country's total power generation capacity followed by gas power plants. The total capacity of the country's thermal power plants stands at over 72,000 MW, according to the Thermal Power Plant Holding (TPPH).

Increasing the country's power generation capacity and preventing blackouts during peak consumption periods have been among the Iranian Energy Ministry's top priorities since the current government administration took office in 2021. In August 2021, Energy Minister Ali-Akbar Mehrabian announced that his ministry was planning to boost the country's power generation capacity by 35,000 MW over the next four years.

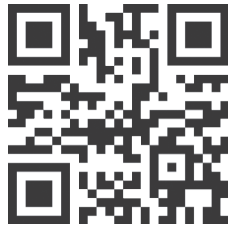
The mentioned figure would be achieved through the construction of thermal power plants with 15,000 MW of capacity, and renewable power plants with a capacity of 10,000 MW by the public and private sectors, as well as the construction of new power plants with 10,000 megawatts capacity by large industries.

According to Iran Water and Power Resources Development Company (IWPCO), the company is also constructing new hydropower plants with a total capacity of 4,000 MW across the country.

The IWPCO Deputy Head Mashallah Tab'e-Jamaat said on Sunday that the company is also conducting preliminary studies for the construction of 1,200 MW of new hydropower plants.

Over the past decade, constant temperature rises and the significant decrease in rainfalls across Iran have put the country in a hard situation regarding electricity supply during peak consumption periods.

In this regard, the Energy Ministry has been following new programs to meet the country's power demand during peak periods and to prevent outages. Constructing new units in the country's power plants and also building new power plants for major industries are among the mentioned programs that are being pursued seriously by the ministry in collaboration with other related government entities.



Over 230,000 National Housing Movement units delivered to applicants



The head of the Housing Foundation of Islamic Revolution announced that 230,722 units of the National Housing Movement have been completed and handed over to the applicants, IRNA reported. Gholamreza Salehi said 435,557 units of the National Housing Movement are under construction in cities and villages across the country. The National Housing Movement is one of the major policies of the 13th government

in the housing sector, and according to this policy, the construction of four million residential units is planned for four years. It is one of the projects through which the government is trying to help low-income individuals in society become homeowners. Deputy Transport and Urban Development Minister Hadi Abbasi-Asl has emphasized the acceleration in implementing the Housing Construction

Leap Law to achieve the goals of the 13th government. In late September 2023, Transport and Urban Development Minister Mehرداد Bazrpash announced the launching of a program for allocating free land (in the framework of the National Housing Movement) to young couples to help them build houses. The National Housing Movement to construct four million housing units in four years is one of the major plans of the

current government in the housing sector.

According to the plan, out of these four million residential units, 3.2 million units will be constructed in cities and 800,000 units in villages.

After the National Housing Action Plan (started in 2018), the National Housing Movement is the government's second major program to provide affordable housing units for the low-income classes.

The operation for the construction of 209,212 residential units of the National Housing Movement began in February 2022.

The ceremony to begin the mentioned operation and also to launch some development projects in the housing sector was attended by former Transport and Urban Development Minister Rostam Qasemi.

Also, in July 2022, the minister inaugurated a project for the construction of the first group of affordable housing units for laborers under the framework of the National Housing Movement.

On September 10, 2023, 1,278 units of the National Housing Movement were handed over to the applicants in a ceremony attended by Aref Norouzi, the

acting director of the Headquarters for Executing the Order of Imam Khomeini.

The mentioned units were delivered to the applicants in five provinces throughout the country.

The Headquarters for Executing the Order of Imam Khomeini has signed a memorandum of understanding (MOU) with the Ministry of Transport and Urban Development to construct 100,000 units under the framework of the National Housing Movement.

According to Norouzi, the headquarters also completed and handed over 2,000 such units back in April 2023.

Speaking at the opening ceremony, the official said construction of the National Housing Movement units is underway by the Headquarters for Executing the Order of Imam Khomeini in 27 provinces.

President Ebrahim Raisi has stated that the National Housing Movement is the flagship project of the 13th government to meet the needs of the people, and in addition to the Transport and Urban Development Ministry, all relevant organizations are also striving to achieve it.

Iran-Russia Joint Economic Committee meetings kick off in Tehran

The specialized working groups of the 17th Iran-Russia Joint Economic Committee have started meeting in Tehran to discuss areas of cooperation before the main event which is due to be held on Wednesday, February 28.

During the first two days of the 17th meeting of the Joint Economic Committee of Iran and Russia, which is being held from Monday to Wednesday (February 26-28), expert meetings will be held and the working groups will present numerous cooperation documents in various fields to Iranian Oil Minister Javad Oji and Russia's Deputy Prime Minister Alexander Novak, who are the heads of the joint committee.

Iranian and Russian experts from different economic sectors will explore all avenues in 20 working groups to promote bilateral cooperation and prepare the ground for outlining a comprehensive memorandum of understanding (MOU) by beating off the existing challenges.

The mentioned working groups include oil and gas, banking and finance, transportation, information technology, trade and investment, business groups, science and education, energy, standards, sports, customs, agriculture, and industry.

Oji and Novak will sign the cooperation document on the last day of the commission. Over the past two years Iran and Russia, both facing U.S. sanctions, have developed cooperation in all areas to neutralize the unjust sanctions. The 16th meeting of the Iran-Russia Joint Economic Committee was held in Russia during October 29-November 1, 2022.

The two countries signed four documents for cooperation in a variety of areas at the end of the mentioned meeting.

The strategic document for the development of bilateral relations between the Islamic Republic of Iran and the Russian Federation was signed by Oji and Novak, who co-chaired the meeting.

A loan MOU was also signed between Iran's Deputy Minister of Finance and Economic Affairs Ali Fekri and Vladimir Ilyichev, Russia's deputy economy minister for the signaling of the Incheh Borun-Garmsar railway project.

Meanwhile, a bilateral memorandum was also signed by Mohammad-Hossein Niknam, the director-general of international cooperation at Iran's Ministry of Health and Medical Education, and Russia's Deputy Minister of Health Sergey Glagolov for cooperation in the field of health and medical education.

Also, another MOU was signed between an Iranian and a Russian holding for the implementation of EPC projects for product transfer pipelines.

According to Kazem Jalali, the ambassador of the Islamic Republic of Iran in Moscow, the export of Iranian products to Russia reached more than \$2.0 billion in 2023, which shows a significant increase compared to previous years.

Iran calls for nuclear disarmament of Israel

Iran has sounded the alarm bell over Israel's possession of deadly nuclear weapons, saying the regime's conduct shows its nuclear arsenal poses a threat to not only Palestinians but people across the world.

"The international community must take this threat seriously and make a decisive decision to confront the unprecedented threat posed by this occupying, apartheid, and discriminatory regime to global peace. This occupying regime has become so emboldened by the support of the United States and some West-

ern countries that it shamelessly threatens both the oppressed people of Gaza and the countries of the region with nuclear weapons," warned Iran's Foreign Minister while addressing a high-level disarmament conference at the United Nations Office in Geneva, Switzerland.

The Israeli cabinet has suggested the use of nuclear weapons against Palestinians in Gaza multiple times during the past months. That's while since October 7, the regime has carpet-bombed the entirety of Gaza, leveling at least 70% of the

strip's infrastructure and buildings. Its deadly military campaign has also left behind a vast carnage of over 30,000 Palestinian civilians, with the rest of the population now grappling with famine and disease. "The world must acknowledge that nuclear weapons in the hands of such a regime constitute the most serious and urgent threat to humanity. It is necessary to dismantle all the nuclear arsenals of this regime and subject all its nuclear installations to the inspections and mechanisms of the International Atomic Energy Agency," Hossein

Amir Abdollahian added.

The top Iranian diplomat also criticized Washington's untrammelled support for the regime, saying the U.S. has been scuppering regional countries' efforts aimed at making West Asia a nuclear-weapon-free zone.

Israel is estimated to have at least 90 nuclear warheads, with fissile material stockpiles of over 200. The International Atomic Energy Agency (IAEA) has never inspected any of the regime's nuclear sites despite repeated calls from countries in West Asia.

205 idle units revived in Tehran industrial parks since last March

The deputy managing director of Tehran province's Industrial Parks Company announced that 205 idle production units have been revived in the industrial parks and zones of the province during the current Iranian calendar year (began on March 21, 2023).

Ali Khoda-Panahlou said, "From the beginning, our mission was to set up and complete the infrastructure, and currently we are witnessing the operation of 18 industrial parks and zones consisting of 6,000 units in Tehran province, and contracts have been concluded with more than 10,000 industrial units."

In mid-January, the deputy head of Iran Small Industries and Industrial Parks Organization (ISIPO) said that 50 knowledge-based production units have been established in the country's industrial parks and zones since the beginning of the current Iranian calendar year.

According to Tahmourath Lahouti, currently, 780 knowledge-based production units are based in the industrial parks and zones of the country and 420 units are also in various stages of establishment.

"Also, 2,869 industrial units capable of becoming knowledge-based have been identified in the industrial parks and zones of the country, of which 179 have been identified in the first half of this year," Lahouti said.

"So far, we have helped 1,123 industrial units to become knowledge-based," the official added.



In late January, ISIPO Head Farshad Moghimi said the government has put it on the agenda to help increase the production capacity of 3,300 industrial units across the country in the next Iranian calendar year (begins on March 20).

"Stabilizing and increasing the capacity of active production units with the approach of helping production growth and preventing stagnation is on the agenda," Moghimi stated.

He announced the reactivation and increase of the capacity of 8,910 industrial units with the implementation of support measures and added that the implementation of the mentioned support measures has created employment for 92,500 people in the industry sector.

"The implementation of a monitoring plan for reviving idle industrial units,

with a focus on small industries active in industrial parks, has led to the reactivation of 4,010 industrial units to the production cycle since the beginning of the 13th government and increased the capacity of 4,900 industrial units," he said.

According to Moghimi, some 1,192 units have been revived since the beginning of the current Iranian calendar year (March 21, 2023) which has created employment for 23,262 people.

"When the current government administration took office (in August 2021), 17 percent of the industrial units located in the country's Industrial parks and zones were inactive, and now the figure has been reduced to 13 percent with the measures taken," the official added.

According to the Industry, Mining, and Trade Ministry's latest statistics,



Iran's port capacity to increase by 200m tons

The container capacity of Iranian ports is going to increase by 200 million tons with the completion of two new ports in the Makran Coasts, namely Makran Port and Persian Gulf Port, according to the Iranian Transport and Urban Development Minister.

Reporting on the recent developments in the maritime sector in line with the policies for a maritime-based economy, Mehrdad Bazrpash said: "Upon operation of Makran Port, which is currently under construction, the container capacity of Iran increases by 200 million tons."

Only in one and a half years, in Shahid Rajaei Port, the unloading and loading capacity has increased by more than 20 percent, and due to simultaneous investments of the government in the development of large and small ports, the unloading and loading capacity of Iran's ports are about 300 million tons, Bazrpash informed.

During 11 months (from March 2023 to January 2024), the sea trade in Iran has grown by more than nine percent, sea transit by 34 percent, and passenger arrival from sea borders by 10 percent, the minister said. According to the official, in addition to developing and increasing the capacity of large ports such as Shahid Rajaei, Imam Khomeini, and Shahid Beheshti, the Government is also investing in small ports like Khamir, Sirik, and Arvand Kenar.

The increase in capacity of the maritime cargo and passenger transportation is the result of more than 500 trillion rials (about \$1.0 billion) of the private sector's investments, along with the government's investments, Bazrpash said.

Currently, only in the completion of the first phase of Shahid Beheshti Port in Chabahar, 81 trillion rials (about \$162 million) has been invested by the private sector, and there is a tender for the implementation of the second phase of this Port, he added.

Bazrpash also informed about the construction of one-million-ton grain silos, a 30 percent increase in mechanized grain vacuums, and also the construction of 40 vessels with a total investment of more than \$120 million.

He further added that: "all indicators in the marine trade show a significant growth". The loading and unloading of petroleum and non-petroleum goods in the Special Economic Zone of Imam Khomeini Port in the last 11 months exceeded 42,500,000 tons, which has increased by three percent compared to the same period in the last year, Bazrpash added.

Some Ways to Fix Oily Hair

Source: <https://www.healthline.com/health/oily-hair-remedy#The-takeaway>

By: PARISA JAMADI

Oily hair may feel unpleasant. If you're bothered by the oil in your hair, some remedies can help it feel less greasy without stripping off your natural scalp oil.

An overly greasy scalp can lead to uncomfortable itching and seborrheic dermatitis. It can even provide a feast for the fungus that causes dandruff. That said, you don't want to strip off all your oil. Your natural oils protect hair and are vital for a healthy scalp and lustrous hair. Here's how to cut the grease without damaging your hair or irritating your scalp.

1. Wash less often

This may seem counterintuitive. But if you're already washing your hair once a day and you're still greasy by day's end,

it might be worth playing with how frequently you wash your hair. Overwashing can strip your scalp of its natural oils. This may cause it to produce more oil to rehydrate.

If you tend to have dry skin or a dry, itchy scalp in addition to oily hair, slowly stretching how frequently you wash may help balance out your scalp's oil production.

2. Shampoo properly

It doesn't seem like rocket science, but yes, you can wash your hair incorrectly and end up with an oily scalp and damaged hair.

To properly wash your hair, gently work a small amount of shampoo into your roots and scalp. Avoid using your nails or creating unnecessary friction on the

strands. Aggressive scrubbing can irritate your scalp and cause it to produce more oils.

3. Condition carefully

Conditioner can make your hair look greasy and cause oils to pile up faster. Condition just the ends of your hair, and be sure to thoroughly rinse.

4. Go natural

Straightening irons and blow dryers can give you a smooth, sleek finish. But they can also make your hair look greasy faster.

Let your hair air-dry and embrace its natural texture.

5. Use products formulated for oily hair

A lot of thought and research has gone into making hair care products live up to their hype. If your shampoo isn't cut-

TEDPIX, the main index of the Tehran Stock Exchange (TSE), dropped 16,700 points (0.08 percent) to 2,049,437 on Monday, which is the third day of the Iranian calendar week. TSE is one of the four Iranian stock

exchanges, and the most important one. The other three ones are Iran Mercantile Exchange (IME), Iran Energy Exchange (IRENEX), and Iran's over-the-counter (OTC) market, known as Iran Fara Bourse (IFB).



ting it, try a clarifying shampoo that has stronger detergents. This can help lift oil and leave your hair grease-free.

6. Clean your brush

A dirty brush has no place with freshly washed hair. Your brush can be full of styling products, oils, and general gunk that can make your locks dirty immediately after washing.

Clean up your styling tools with a bit of shampoo or gentle soap to strip off the buildup. Likewise, clean out all of the loose hair after each brushing to keep your brush free of oil and dirt.

7. Deep clean with aloe

This home remedy doesn't just come in handy in the summer months. Aloe makes for a great hair and scalp mask since it removes extra oil, fights product

buildup, soothes the scalp, and protects strands. You'll be left with soft, healthy hair.

8. Avoid products with silicone

Many products, including shampoos, conditioners, creams, and styling products, are made with silicone to help smooth hair and add shine.

In addition to adding extra gloss that can look an awful lot like grease, silicones can build up on the hair and make it look dirty, oily, and weighed down.

9. Be gentle

Whether you're washing, brushing, styling, or scratching your head, it's important to be extra gentle. Irritating your scalp can actually overstimulate it and cause your oil glands to produce even more oil.

Afghan economic delegation visits Iran's Chabahar free zone

An economic and technical delegation from Afghanistan is visiting the Chabahar Industrial Free Trade Zone to explore trade and investment opportunities in the Iranian port. Akbar Bavar, the public relations and international affairs manager of the Chabahar Free Zone, told IRNA on Sunday that several residential, commercial, and hotel projects will be inaugurated during the visit.

The Afghan delegation, including officials from the ministries of foreign affairs, industry and commerce, transport and civil aviation, and finance, arrived in the free zone on

Sunday along with Iran's special envoy to Afghanistan Hassan Kazemi Qomi.

Bavar said that the Afghan delegation will assess the capacities and facilities of the Chabahar Free Zone and port to enhance transit and exports to Afghanistan.

Additionally, discussions with Iranian authorities will take place regarding the implementation of agreements made during the recent visit of Abdul Ghani Baradar, Afghanistan's acting deputy prime minister for economic affairs, to Iran.



Iran-Pakistan gas pipeline project recommences after ten-year delay



In a significant step towards enhancing energy cooperation between Pakistan and Iran, Islamabad has given the green light for advancing much-delayed work on the Iran-Pakistan gas pipeline within its territory.

The approval comes as Pakistan has scrambled to avoid a staggering 18-billion-dollar fine, with the government authorizing the commencement of long-awaited work on the initial 80-kilometer phase within its borders, Shana reported.

Analysts say the project will improve Pakistan's energy security and support regional industries by providing stable and enhanced gas supplies.

Iran has extended the project deadline by 180 days until September 2024 to avoid a legal dispute with Pakistan at

international tribunals.

The project, launched in 2013, had initially required Pakistan to finish the construction of the pipeline on its territory by the end of 2014.

However, the project faced prolonged delays due to the potential challenges it posed for Pakistan amid international sanctions targeting Iran.

The delay has upset Iran, which has already invested \$2.0 billion in the pipeline on its side of the border having completed its section of the pipeline.

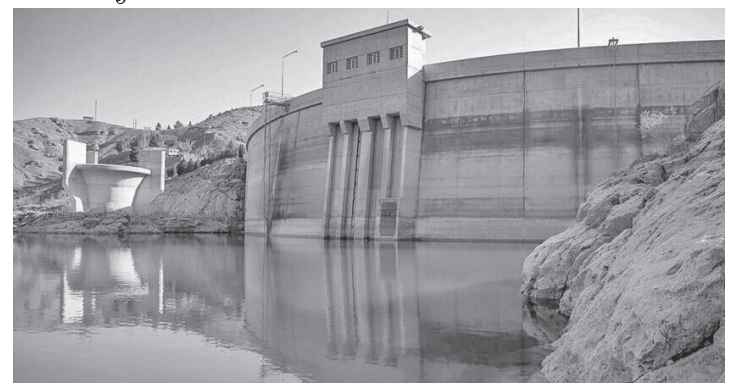
Pakistan had also expressed its commitment to constructing an 800-kilometer pipeline to the Iranian border by the end of 2014.

However, Islamabad couldn't fulfill its end of the bargain amid U.S. pressure and under threat of sanctions.

The IP pipeline will allow Pakistan to start receiving 750 million cubic feet of gas from Iran daily once the pipeline is completed and commissioned. In February 2019, Tehran notified Islamabad of its intention to move forward with arbitration court proceedings for not constructing the pipeline in Pakistan's territory within the specified time frame under the IP gas line project and invoked the penalty clause of the Gas Sales Purchase Agreement (GSPA).

In September 2019, Pakistan's Inter-State Gas Systems (ISGS) and the National Iranian Gas Company (NIGC) signed a revised agreement for the pipeline's construction, which stipulates that neither Iran nor Pakistan will take the other to court for delays or impose fines until 2024.

Water level of Iran's major dam reservoirs declines 25%



The total volume of water stored behind Iranian dams is currently estimated at 22.41 billion cubic meters, showing a 25 percent decline compared to the previous year, Tasnim News Agency reported.

Based on the latest data released by the Energy Ministry, in the first 155 days of the current water year (September 23, 2023) up to February 24, 10.43 billion cubic meters of water entered the dam reservoirs of the country, indicating a decrease of 15 percent compared to the same period of the last water year when the water inflow was 12.2 billion cubic meters.

Iran's total dam reservoirs currently stand at 50.5 billion cubic meters, according to the Energy Ministry data, of which only 45 percent is currently full.

Out of a total of 183 currently operational dams across Iran, 52 are related to the Caspian Sea catchment area, 12 are based in the Urmia

basin, 68 dams are located in the Persian Gulf and the Gulf of Oman watersheds, 34 dams are in the Central Plateau, 11 dams are in Sarakhs catchment basin, and another six dams are located across the eastern boundary basin (Hamoun).

A recent report by Nature Scientific Journal on Iran's water crisis indicates that from 2002 to 2015, over 74 billion cubic meters have been extracted from aquifers, which is unprecedented and its revival takes thousands of years along with urgent action.

Three Iranian scientists studied 30 basins in the country and realized that the rate of aquifer depletion over a 14-year period has been about 74 billion cubic meters, which is recently published in Nature Scientific Journal.

Also, over-harvesting in 77 percent of Iran has led to more land subsidence and soil salinity.

